

Training Calendar 2019

	<b>Team Training (Non-High School Players)</b>	<b>League games</b>	<b>Elite Sport Perf.</b>	<b>Futsal</b>	<b>Suppl. skills/ goalie training</b>	<b>Alaska Airlines Cup</b>	<b>ADP/ODP*</b>	<b>Far North Tournament</b>	<b>Sterling Camp*</b>	<b>State Cup</b>	<b>Team Travel*</b>
<b>Jan &amp; Feb</b>	Tue & Thu @ Dome	Weekend @ Fox Hollow or Dome			Tue & Thu @ Dome						<i>Select Teams*</i>
<b>Mar &amp; Apr</b>	Mon @ Dome; 1 day @ ASD gym	Weekend @ Fox Hollow or Dome	Sun @ Elite	Fri @ O'Malley*	Mon @ Dome until mid April						
<b>May</b>	Tue & Thu @ Dome	Select Teams Weekend @ ASD Turf		Fri @ O'Malley*	Tue & Thu @ Dome						<i>Select Teams*</i>
<b>Jun</b>	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls Mon or Wed; Boys Tue or Thu			Fri @ Dela Vega	1st weekend	<i>ADP Tryouts; 2nd week*</i>				<i>Regional Events*</i>
<b>Jul</b>	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls Mon or Wed; Boys Tue or Thu			Fri @ Dela Vega			2nd week	3rd week		
<b>Aug</b>	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega; Everyone Tue & Thu once school starts	Girls Mon or Wed; Boys Tue or Thu; Weekend once school starts					<i>ADP Players; sub-regional camp*</i>			<i>Select teams</i>	
<b>Sep</b>	Tue & Thu @ Dela Vega	Weekend									<i>Select Teams*</i>
<b>Oct</b>	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							
<b>Nov</b>	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							<i>Select Teams*</i>
<b>Dec</b>	Tue supplemental training @ Dome	Futsal game on weekend		Futsal State Cup						Futsal State Cup	

\*Not included in Annual AYSC Fees. Teams qualify for Regional Events by finishing 1st or 2nd at State Cup.

Training Calendar 2019

	<b>Team training (High School Players)</b>	<b>League games</b>	<b>Elite Sport Perf.</b>	<b>Futsal</b>	<b>Suppl. skills/ goalie training</b>	<b>Alaska Airlines Cup</b>	<b>ADP/ODP*</b>	<b>Far North Tournament</b>	<b>Sterling Camp*</b>	<b>State Cup</b>	<b>Team Travel*</b>
<b>Jan &amp; Feb</b>	Tue & Thu @ Dome	Games @ Fox Hollow or Dome	Sun @ Elite		Tue & Thu @ Dome						<i>Select Teams*</i>
<b>Mar &amp; Apr</b>	Play for High School teams	Play for high School teams									
<b>May</b>	Play for High School teams	Play for high School teams									
<b>Jun</b>	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls Mon or Wed; Boys Tue or Thu			Fri @ Dela Vega	1st weekend	<i>ADP Tryouts; 2nd week*</i>				<i>Regional Events*</i>
<b>Jul</b>	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls Mon or Wed; Boys Tue or Thu			Fri @ Dela Vega			2nd week	3rd week		
<b>Aug</b>	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega; Everyone Tue & Thu once school starts	Girls Mon or Wed; Boys Tue or Thu; Weekend once school starts					<i>ADP Players; sub-regional camp*</i>			<i>Select Teams</i>	
<b>Sep</b>	Tue & Thu @ Dela Vega	Weekend									<i>Select Teams*</i>
<b>Oct</b>	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							<i>Select Teams*</i>
<b>Nov</b>	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							<i>Select Teams*</i>
<b>Dec</b>	Tue supplemental training @ Dome	Futsal game on weekend		Futsal State Cup						Futsal State Cup	

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