



Soccer News You Can Use

December 20, 2011

Super Soccer Academy

The AYSC Super Soccer Academy (SSA) winter 2012 session is coming up soon! This academy-style program for girls and boys focuses on skill development and playing small sided games. The academy is run by experienced and licensed coaches.

This is a fun program with two levels designed to introduce soccer to kids ages 3–13. The team of coaches introduces the players to age appropriate training, techniques and skills, fun, healthy life skills pertaining to teamwork and exercise as well as personal growth in soccer. All sessions are located at the AT&T Sports Pavilion on the turf.

The head coach is Jeremy Johnson. The coaching team includes Jo Reid, Darcey Perry, Scott Doty, Dirk Karn, Kash Kinder, Stephen Hendricks, Ryan Wagner, Jeff Case, Zak Hendricks, Marie Ashby, and Allison King.



Level 1

Level 1 programs are for players of all ages that want to play soccer one day a week.

- Ages 3–6 Saturdays from 10am–11am for \$125.
- Ages 7–13 Saturdays from 11am–12pm for \$125.
January 7 through February 25, 2012

Level 2

Level 2 programs are for players ages 7–13 that want to play soccer two days a week and have a game day. If you sign up for a Level 2 program, choose if you want your game day to be on Tuesdays or Thursdays. Everyone signed up for Level 2 will play on Saturday at the same time.

- Ages 7–13 Saturdays from 11am–12pm and games on Tuesdays from 6pm–7pm for \$175
January 7 through February 28, 2012
- Ages 7–13 Saturdays from 11am–12pm and games on Thursdays from 6pm–7pm for \$175
January 7 through March 1, 2012

Register online at
www.anchorageyouthsoccer.org



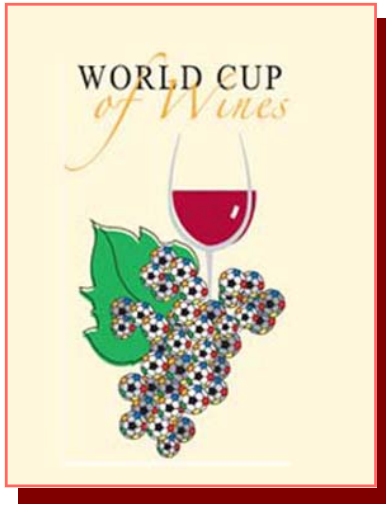
AYSC Mission

To develop a well rounded athlete by having quality coaches and a positive environment. AYSC believes that young people are our future who learn the value of hard work, commitment and teamwork through soccer.

Save the date—7th Annual World Cup of Wines

Please join us on Friday, January 27, 2012 for the 7th Annual World Cup of Wines at the Alaska Center for the Performing Arts.

Come taste wines from around the world while bidding on silent auction items.



Wine will be provided by Odom Corporation and Specialty Imports. Dianne's Restaurant will provide the catering.

All funds raised will help support players and programs at Anchorage Youth Soccer Club. This event helps provide more scholarships for the players in need at AYSC.

Tickets will soon be available via our website and are currently available at Center-Tix. Click below to be taken straight to this event page to purchase tickets.



Anchorage Youth Soccer Club Gear

Looking for a last minute gift? Or how about something to show your pride in AYSC? You can find items from hoodies to water bottles to dog t-shirts that display the AYSC logo at <http://www.cafepress.com/AnchorageYSC>. You can also find a link to AYSC gear on the main website: www.anchorageyouthsoccer.org.



Coaches Corner

Being a Top Notch Parent

by the OYSA Director of Coaching

Some Tips on Being a Top Notch Parent

- ◆ Fuel a passion to have fun and enjoy the beauty of soccer. It is a wonderful game that can teach your child how to enjoy life, have discipline, compete at a high level, and work as part of a team. These are all great skills that will benefit your child in life. Remember the bigger picture at all times.
- ◆ Encourage your player to fulfill his or her potential by practicing hard in and outside of practice. Juggling, kicking a ball against a wall, and fitness are all important to do on your own. Just showing up to practice is not enough.
- ◆ Attend your child's game as a fan and enjoy watching them compete with their teammates. Do not coach from the sidelines; do offer encouragement and praise. Never shout out instruction, criticize, players, or badger the referees; do root for the entire team, not just your child.
- ◆ Allow coaches to do their job. Do not contradict their assessment of your player's strengths and weaknesses. Instead, encourage your player to work on aspects of their game that need improvement. Encourage the player to talk with their coaches to develop a game plan to improve.
- ◆ Pay your fees on time and turn in your paperwork when it is due. Make the parent administrator's life easy by ensuring fees are current and paperwork is complete.
- ◆ Get to know the families on the team and build chemistry. Being part of a soccer team is fun for players and parents alike, and many times can lead to lifelong friendships. Having positive relationships with your fellow parents provides a positive role model for the players to emulate. One example of a way to do this is to organize team events to promote interaction and team building.
- ◆ Celebrate your child's success no matter how large or small it may be. Many times it is the simple, day-to-day accomplishments and the encouragement that follows which helps reinforce a lifelong passion for the game.
- ◆ Educate yourself about the leagues and tournaments in which your player competes. A more comprehensive understanding will help you appreciate the value of the competition and how it positively impacts your player.
- ◆ Trust the coach regarding playing time, positions, other players, etc. In short, allow the coach to coach. Talk with your player about their level of satisfaction with their play and encourage them to talk to coaches if there is an issue.
- ◆ Be on time to practices and games. Instill a higher level of responsibility within your child.
- ◆ Teach your child to be prepared for practices and games with all necessary equipment. This again helps prepare your child for other facets of life.
- ◆ Promote good eating habits with your player to ensure they are "fueled" for success on the field. Also, insure your player gets proper rest to perform at their best.
- ◆ Teach your kids to respect, but also filter a coach's comments. They are an assessment of the player, not the person. Do not take them as personal attacks. If needed, ask for clarification.
- ◆ Volunteer for the club. Parent volunteers learn more about how the club works and can help make the club strong. Be part of making the club even better for tomorrow. Share your expertise, time and you will get more out of the club in return!
- ◆ Provide unconditional love and support for your child. Don't put pressure on them to perform. These kids are already driven and push themselves hard. They have high expectations of themselves. Make sure they know that you will always provide them with all support possible to help them achieve all they can in this game.

Calendar

Super Soccer Academy: January 7–March 1, 2012

World Cup of Wines: January 27, 2012 at 7:00pm



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